

Islam, sex, health and the law

Session Objectives:

To provide young people with an opportunity to:

- Discuss the Islamic, health and legal perspectives on a range of sexual health issues

Session Outcomes:

Young people will:

- Understand the Islamic, health and legal perspective on a range of issues.
- Know a range of quotes from the Quran and Ahadith about a range of sexual health issues

Duration:

- 50 Minutes (approx)

Resources:

- Islam, sex, health and the law pupil notes
- Flip Chart paper x 6
- Teachers notes

QCA Link: Learners are able to:

Key Stage 3

- describe the positive and negative impacts of risk-taking on their health and wellbeing

Key Stage 4

- explain how differing cultures, faiths and beliefs may influence lifestyle choices, and demonstrate respect for these differences.

Methodology

Time	Activity	Resources
0-5 mins	Explain to the participants that this session will be looking at the Islamic, legal and health perspective when considering a range of topic within the field of sexual health. The aim of the session is to provide the group with a clearer understanding of young people rights and responsibilities both in accordance with UK law and the Islamic faith.	
5-10 mins	Divide the group into 6 groups and allocate each of the groups one of the following topics: Accessing sexual health services, Age of consent, Rape, Sex and STI's, Sexual images and Abortion. Hand each group a sheet of flip chart (see flipchart example in resources) and the corresponding Islam, sex, health and the law pupil notes sheet. (see resources)	Prepared Flip Chart Islam, sex and the Law pupils notes.
10-25 mins	Ask each group to use their flipchart to present the information about their topic. Explain that the legal section should present the information included in their notes in a manner which will be understood by the rest of the group. The faith section should take each quote or Ahadith and interpret in into what they understand it to mean. Finally the health section should highlight the positive and negative, physical and emotional impact of these topics on individuals.	
25-45 mins	Bring the group back together and ask each group to present their topic to the rest of the group. Allow time for discussion and additional contributions from other group members.	Teachers notes
45-50 mins	Close the session by asking each participant to post either a comment or question into the comments box which will be answered at a later date. Remind participants that they only have to add their names to the comment if they would like 1-2-1 feedback. Discuss with the group whether they would like each flipchart to be typed up and distributed to the group.	Comments box

Additional Notes

Due to the limited time of this session coupled with the sensitivity of the topics to be discussed the facilitator may find it useful to run this session over a few lessons. If this is the case then each session should examine two statements following the methodology above where the class is divided into two groups instead of six.

To support those members of the group with low literacy levels the facilitator may consider nominating roles with each group i.e. writer, presenters etc.

Facilitators Notes:

Facilitators may want to display service information for young people during this session. Leaflets and posters are available from:

The Resource Centre
Suite 6, 2nd Floor
Aspect House
Aspect Business Park
Bennerley Road
Bulwell
Nottingham
NG8 3EY

Tel: 0115 883 4205
(internal extension: 34205)